

**CENTRAL OHIO SERVICE INTERGROUP  
OF OVEREATERS ANONYMOUS PRESENTS:**

# **ABSTAINING THROUGH THE HOLIDAYS WORKSHOPS**

## **IN-PERSON WORKSHOP**

**Date:** Saturday October 26

**Time:** 10:00 to 11:30

*St Andrews Episcopal Church*

*8630 Refugee Road, Pickerington 43147*

## **IN-PERSON WORKSHOP**

**Date:** Sunday November 17

**Time:** 2:00 to 3:30

Stay for the 4pm Big Book Study!

*Cityview Church*

*1150 W. 5th Ave, Columbus 43212*

## **VIRTUAL WORKSHOP**

**Date:** Thursday December 5

**Time:** 7:30-9:00pm, via zoom

Meeting ID: 606 684 5172

Passcode: 123456

- Workshops are free
- Come to as many as you'd like, same agenda for all
- Take a picture of this flyer and share widely