


Type	Day & Time	Location / Virtual / Phone	Address/ Mtg ID. / Phone	City /Pin/ Passcode	Format	Contact	Group #
Zoom for now	Saturday 9:30a	Christ Lutheran Church Student Center	69 Mill St. -Use Front Door	Athens	Literature, OA Steps/Traditions	Carol 740-818-6418	54299
Not yet meeting	Saturday 10:30a	Brighton Presbyterian Church Not currently meeting	771 Lexington Ave.	Zanesville	AA Big Book, Literature 	Barb W 740-452-5350	17037
Zoom Only	Sunday 7:00p	Zoom Only – closed	897 9480 8362	2674462	OA Steps/Traditions	Martha C 614-581-8381	89904
Phone only	Monday – Friday 5:30a	PHONE Only - closed	605-468-8810 (use *6 mute/unmute)	PIN 139182#	Varies; 45 minutes	Linda 301-379-7065 Elsiel42@yahoo.com	55364
Phone only	***Friday 6:00p	PHONE Only - open	667-776-9043	No pin	Literature	Ellen 614-397-0005 seccw@yahoo.com	
Phone only	Friday 9:00p	PHONE Only - open	712-432-3900	PIN 331780#	Tools, health issues, OA 12 steps and traditions	No contact	55387
Note: Closed meeting is open only to those who identify as compulsive eaters. Follow Phone Prompts							

ZOOM Passcode: 2674462 for # meetings		How to join a Zoom meeting:
Meeting Day & Time	Meeting ID	<p>By telephone: If connecting by telephone, all meetings use the same phone numbers, you can dial any number: +1 312 626 6799 US (Chicago) +1 929 205 6099 US (New York) +1 346 248 7799 US (Houston) +1 669 900 6833 US (San Jose) +1 253 215 8782 US +1 301 715 8592 US You will be asked to enter a Meeting ID. You can find the Meeting ID above, listed with the meeting day and time.</p> <p>By computer: Join this Zoom meeting by clicking this link and following instructions: https://zoom.us/j/ Troubleshooting. If your computer doesn't work, check for the following: 1. Computer with speaker, microphone and video camera 2. Processor: Minimum Single Core 1Ghz or Higher, 2GB Ram 3. Bandwidth: Minimum 600kbps/1.2Mbps (up/down) for high quality video 4. Windows XP or better or Mac OS X with MacOS 10.7 or later 5. Windows: IE7+, Firefox, Chrome, Safari5+ You may need to download a Windows or Mac app that will assist in connecting to the meeting. If prompted to enter the Meeting ID, use the one listed with the meeting day and time. You may also be prompted to start the meeting: Click the start with Video button. When you first enter a meeting your audio may be disconnected. Look in the lower left-hand corner for a microphone icon. If icon has a red line through it, then your audio has been disabled. Click icon to enable it.</p> <p>By smartphone: Download and install the Zoom Cloud Conferencing App to your phone. Join the meeting using the Meeting ID above, listed with the meeting day and time. Tutorials available at zoom.com Basic meeting formats are available at the oa.org website; the 12 Steps & 12 Traditions are in all approved OA literature.</p> <p>**9:30-10a is fellowship with meeting starting at 10a **** Shared zoom meeting for both Wednesday 7pm meetings.</p>
Sunday -- 7p #	897 9480 8362	
Monday – 9:30a #	756 136 964	
Monday – 6:00p Passcode: SERENITY	878 3543 1762	
Monday - 7p #	792 699 218	
Tuesday – 9:30a #	840 8347 0134	
Tuesday – 7:30p #	837 0625 1166	
Wednesday - 7p**** #	184 914 558	
Thursday-9:30a #	900 535 099	
Friday – 12p #	206 752 912	
Saturday – 9:30a #	162 605 514	
Saturday – 9:30a** Passcode: SERENITY	878 3543 1762	